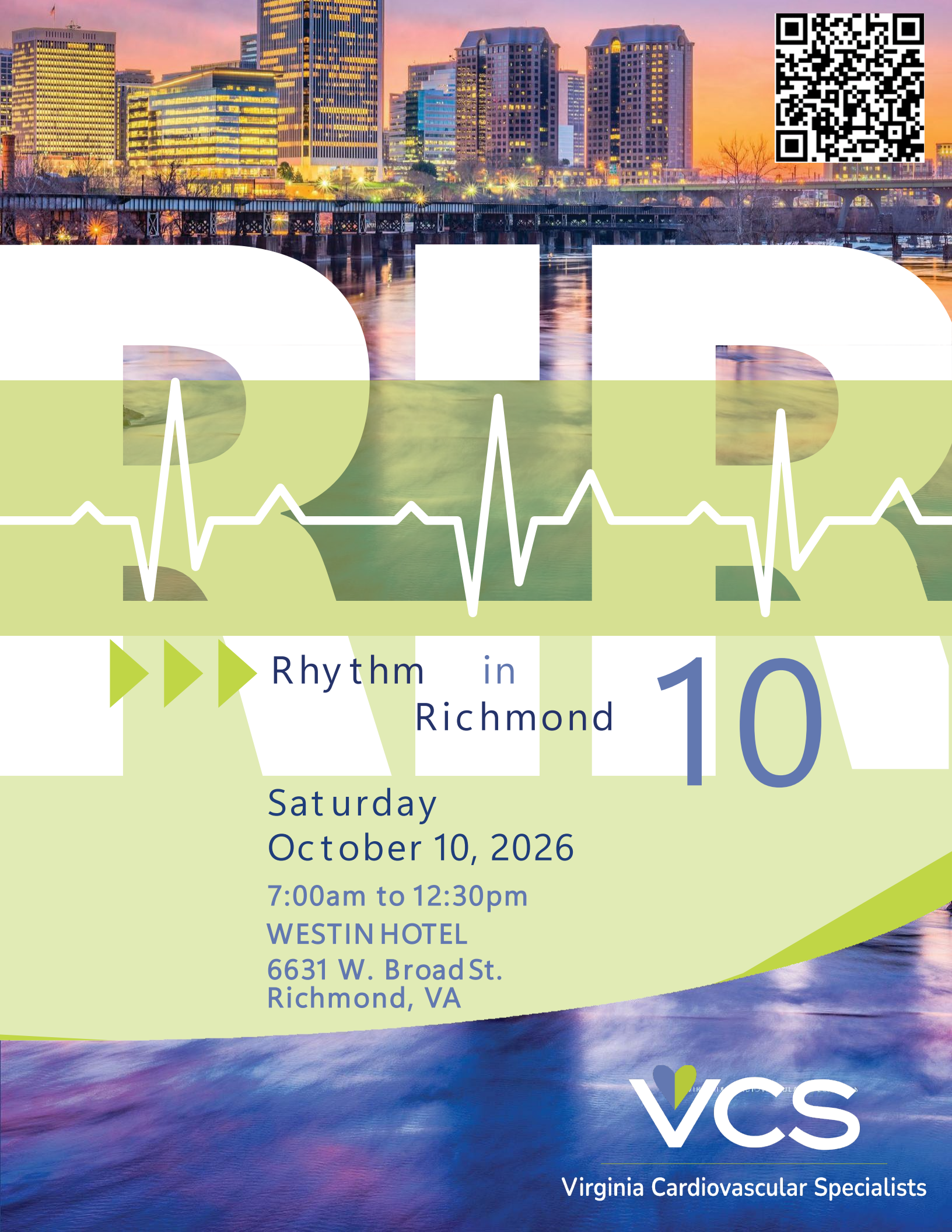




Rhythm in
Richmond

10

Saturday
October 10, 2026

7:00am to 12:30pm

WESTIN HOTEL
6631 W. Broad St.
Richmond, VA



Virginia Cardiovascular Specialists

PROGRAM OVERVIEW

Virginia Cardiovascular Specialists invites you to attend Rhythm in Richmond, our biennial program designed to provide physicians and APPs with the most current information on cardiac arrhythmias. This year's program will focus on key areas such as managing syncope and palpitations; ECG interpretation; a review of cardiac rhythm devices, monitors, and wearables; and atrial fibrillation management, including ablation and anticoagulation. There will also be presentations on sleep apnea management and GLP-1 therapy and the potential cardiovascular impact.

TARGETED AUDIENCE:

Physicians
Nurse Practitioners
Nurses
Other Healthcare
Providers

DESIRED OUTCOMES

At the end of the educational activity, learners will be able to:

- Differentiate cardiac and non-cardiac causes of syncope and palpitations and apply appropriate diagnostic strategies.
- Apply a systematic approach to ECG interpretation to identify common and high-risk arrhythmias
- Select appropriate cardiac rhythm monitoring tools based on patient symptoms, risk factors, and clinical context.
- Describe indications, functions, and recent innovations in cardiac rhythm devices.
- Apply evidence-based strategies for atrial fibrillation management, including anticoagulation, rhythm control, and referral for ablation
- Recognize and manage sleep apnea as a contributor to cardiovascular disease
- Evaluate the cardiovascular benefits and implications of GLP-1 receptor agonist therapy.
- Collaborate effectively across specialties to improve patient outcomes in arrhythmia and cardiovascular care.

AGENDA

Time	Session	Speaker
7:00-7:30	REGISTRATION & BREAKFAST(provided)/VISIT EXHIBITORS	
7:30-7:40	WELCOME & INTRODUCTION	Dr. David Gilligan
7:40-9:00	SESSION ONE	
	7:40-8:00: Causes and Treatment of Syncope & Palpitations	Dr. Sojin Wass
	8:00-8:20: ECG Interpretation and Clinical Decision-Making	Dr. Binaya Basyal
	8:20-8:40: Leveraging Arrhythmia Wearables for Cardiovascular Care	Dr. Daniel Schneider
	8:40-9:00: Session 1 Panel Discussion	
9:00-9:20	BREAK/VISIT EXHIBITORS	
9:20-10:40	SESSION TWO	
	9:20-9:40: Devices 101	Dr. Vivak Master
	9:40-10:00: GLP-1's and Heart Health	Dr. Ben Phillips
	10:00-10:20: Update in Congestive Heart Failure	Dr. Harjot Grover
	10:20-10:40: Session 2 Panel Discussion	
10:40-11:00	BREAK/VISIT EXHIBITORS	
11:00-12:20	SESSION 3	
	11:00-11:20: Sleep Apnea and Cardiovascular Disease	Dr. Michael Polsky
	11:20-11:40: Diagnosis and Treatment of Atrial Fibrillation	Dr. Michael Rehorn
	11:40-12:00: Anticoagulation and Left Atrial Appendage	Dr. Harsimran Saini
	12:00-12:20: Session 3 Panel Discussion	
12:20-12:30	Closing	Dr. David Gilligan

REGISTRATION

\$50 Registration: All provider types

Register online:

Scan the QR code or visit <https://tinyurl.com/VCSRIR26>

Registration closes at midnight on Tuesday, October 6, 2026.

NO WALK-IN REGISTRATION

PLEASE NOTE: Policies on cancellation, payment methods and accommodation requests can be found on our website under FAQs.

Additional questions, please contact uvace@uvahealth.org or 434-924-5310



Scan to Register

Questions?

Amy Leake, M.Ed.

CE Program Manager: VCS Rhythm in Richmond

Office of Continuing Medical Education

UVA Health

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434-924-5310

ACCREDITATION DESIGNATION STATEMENTS



In support of improving patient care, this activity has been planned and implemented by the UVA Health Continuing Education and Virginia Cardiovascular Associates. UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians:

UVA Health Continuing Education designates this live for a maximum of 4 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses:

UVA Health Continuing Education awards up to 4 contact hour(s) for nurses who participate in this educational activity and complete the post activity evaluation.

Hours of Participation

UVA Health Continuing Education awards 4 hours of participation (consistent with the designated number of *AMA PRA Category 1 Credit(s)™* or ANCC contact hours) to a participant who successfully completes this educational activity. UVA Health Continuing Education maintains a record of participation for six (6) years.

COURSE FACULTY & PLANNING COMMITTEE

PLANNING COMMITTEE MEMBERS

Bridgett Terrell, MHA, VCS Executive Director
David Gilligan, MD, Course Director/Moderator
Amy Leake M.Ed., CE Program Manager
Cheryl Squares, MSN, RN, CCRN
Danielle Martin, MBA, VCS Chief Operating Officer,
Jennifer Yeager, BS, VCS Director of Marketing

VCS COURSE FACULTY

Sojin Wass, MD
Binaya Basyal, MD
Daniel Schneider, MD
Michael Polsky, MD
Vivak Master, MD
Michael Rehorn, MD
Harsimran Saini, MD, PhD